



Mindworks Counselling
Jessica Smit
Registered Counsellor
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Practice number: 1153439
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Terms and Conditions

Payment of Sessions and Consultations

For online and face-to-face counselling sessions or consultations, clients may choose whether they would like to receive an invoice after each session or after the last session of each month, this is entirely up to the client.

Cancellation/Missed Appointments

Both online and face-to-face counselling sessions and consultations should be cancelled at least 24 hours prior to the appointment. Should notice not be given within this timeframe, you will be billed for the full session. Please note that late attendance will affect the session as the appointment will end on the original time.

Confidentiality, Anonymity & Breaching

The work we do together is confidential. However, there are particular circumstances in which as counsellors we can break confidentiality and this comes under the code of ethical guidelines for counsellors.

A need for breaking confidentiality focuses on keeping you as the client and others safe from harm. If through our work together, there is a genuine risk for your safety or the safety of others then I have a duty of care to raise that concern with appropriate professionals to support you further. If such situation should arise, it will always be explored with you first.

Session Duration

The duration of online counselling sessions will be 50min long.

The number of sessions will be discussed and agreed upon after the initial intake session.